

## COMPREHENSIVE PROGRAM

- Full-service plan
- 30-40 hours a week
- Commitment of 2 or more years
- Works on multiple developmental domains and severe behaviors.
- Comprehensive ABA treatment is generally appropriate for teaching: (CASP, 2020)
  - Adaptive and self-care skills
  - Attending and social referencing
  - Cognitive functioning
  - Community participation
  - Coping and tolerance skills
  - Emotional development
  - Family relationships
  - Language and communication
  - Play and leisure skills
  - Pre-academic skills
  - Safety skills
  - Self-advocacy and independence
  - Self-management
  - Social relationships
- The goal is to close the gap between the client's level of functioning and that of typically developing peer, family and community safety, and functional independence.

## FOCUSED PROGRAM

- Limited program focusing on most important area for that child.
- 5-25 hours a week
- Short-term lasting less than 2 years.
- Appropriate for children who are reaching most age-appropriate milestones but needs help in small areas.
- Works on a limited number of target behaviors (1 or 2)
- For specific behaviors of only 1 or 2 problem areas
- Not recommended for dangerous behaviors
- Parent participation is required for data collection and some at home skills treatment
- Used for a step down from services if a child is achieving goals, or part of a discharge plan

References : The Council of Autism Service Providers. (2020). Applied Behavior Analysis Treatment of Autism Spectrum Disorder. retrieved from [casproviders.org](http://casproviders.org)